

Metropolitan Asylum District.

THE
FOURTH ANNUAL REPORT
OF THE
COMMITTEE OF MANAGEMENT
OF THE
METROPOLITAN IMBECILE ASYLUM,
CATERHAM,
SURREY.

1873—74.

LONDON :
HARRISON AND SONS, ST. MARTIN'S LANE,
Printers in Ordinary to Her Majesty.

1874.

INDEX TO CONTENTS.

	PAGE
List of Committee of Management	3
Report of Committee of Management	4
Maintenance Account for the Half-year ended Lady-day, 1874 ..	9
Maintenance Account for the Half-year ended Michaelmas, 1874 ..	10
Statement showing:—	
Cost per Head of Maintenance of Patients during the Half-year ended 3rd October, 1874, and the seven previous half-years ..	11
Daily average Number of Patients, and average Prices of principal Articles of Provisions and Necessaries during same periods ..	11
Diet Scale	12
Report of the Medical Superintendent, with Medical Tables ..	13 to 36
Report of the House Superintendent	37
Matron's Report	45
Chaplain's Report	49
Resident Engineer's Report	51
Statement showing Staff	57

CATERHAM IMBECILE ASYLUM.

COMMITTEE OF MANAGEMENT.

*Appointed by the Board of Managers for one year from the
25th March, 1874.*

Wm. S. CORTIS, Esq., M.D., *Chairman*, 141, Kennington Park Road, S.E.

B. H. ADAMS, Esq., J.P., 55, Torrington Square, W.C.

G. BURT, Esq., Grosvenor House, Millbank, S.W.

J. W. BUTTERWORTH, Esq., 7, Fleet Street, E.C.

W. GOODCHILD, Esq., 118, Clapham Road, S.W.

J. T. GRIFFITH, Esq., M.D., Talfourd House, Peckham Road, S.E.

B. POULTER, Esq., J.P., 30, Lee Park, Blackheath, S.E.

M. SARSON, Esq., The Elms, Wandsworth Common, S.W.

R. SOUTHEE, Esq., 16, Ely Place, Holborn, E.C.

W. H. STONE, Esq., Dulwich Hill, Dulwich, S.E.

T. SYMONS, Esq., 169, King's Road, Chelsea, S.W.

G. WARD, Esq., 18, Loughborough Park Road, Brixton, S.W.

Ex-Officio. { W. BREWER, Esq., M.D., J.P., *Chairman of Board*, 21, George Street, Hanover Square, W.
A. SUTER, Esq., *Vice-Chairman of Board*, 65, Fenchurch Street, E.C.

Clerk to the Board of Management—W. F. JEBB, Esq.

Clerk to the Committee of Management—Mr. W. R. FREETHY.

OFFICES OF THE MANAGERS,
No. 37, Norfolk Street, Strand, W.C.

FOURTH ANNUAL REPORT OF THE COMMITTEE OF MANAGEMENT.

5th October, 1874.

TO THE MANAGERS OF THE METROPOLITAN ASYLM DISTRICT.

GENTLEMEN,

Your Committee beg to present the usual Annual Reports of the Officers of the Caterham Asylum.

In that of the Medical Superintendent will be found Statistical Tables similar to those of last year, viz. :—

1. A table of the Admissions, Discharges, and Deaths during the year.
2. The Parishes or Unions to which the Inmates are chargeable.
3. The Forms of Mental Disease of Patients admitted.
- 4 and 5. The causes of Deaths.
6. The Ages at Admission, and Discharge or Death.
7. Length of Residence of Patients Discharged Recovered, or Died.
8. A Summary of One Day's Reports.
- 9 and 10. The Station in Life, or Occupation of the Male and Female Patients.

The total number of Patients treated during the year was 2,165, of whom 504 were fresh admissions including 13 re-

admissions. Of these 61 were discharged cured, and 5 were sufficiently improved to be removed to the care of their friends, and 17 were removed by orders of Boards of Guardians also in an improved condition, whilst the same number were discharged by orders of the Committee as more suitable cases for a County Asylum.

The large number of cases cured is very gratifying, notwithstanding they are open to the remark that some may relapse when removed from the care and management to which they are subjected in the Asylum, and also that a few may have been sent unnecessarily. The latter remark, however, applies more to some of the aged and infirm, who continue to be sent in considerable numbers, notwithstanding the remonstrances of your Committee. As the Medical Superintendent reports, "many of them are not insane, they labour under no delusions, they give coherent answers, and there is nothing irrational in their conduct." These should properly be retained in the Workhouse Infirmary, and are doubtless removed to the Asylum to get rid of the trouble of nursing them—perhaps also to shift the charge from the individual Parish to the Metropolitan Common Poor Fund.

The comparatively low mortality of the previous year has not been exceeded, indeed not quite reached.

The number of deaths was 192, being a percentage on the population of 10.69 as against 11.21.

Of these quite half—98—were again over 60 years of age, 40 were over 70 years, 22 over 80, and 1 over 90 years; while 19 died within one month of their admission, and 39 within three months, showing the debilitated state in which they arrived at the Asylum. Two-thirds of all the deaths are attributable to old age or paralysis.

Nearly one-third of all the Patients are of wet or dirty habits, and 450 Females and 230 Males are in the Infirmary wards. The labour and difficulty of managing such a large number of troublesome cases will, it is feared, before long render necessary an increase both in the number and pay of the attendants. Indeed, since the opening of the last Female Block and the Recreation Hall with its Dormitory, the number of Night Attendants has been increased from 4 to 7, viz., from 2 to 4 on the Female side, and on the Male side from 2 to 3.

For the first time since the opening of the Asylum, your Committee have had to report a fatal accident occurring to a Patient. A boy managed to squeeze himself through a closet window on an upper storey, and either fell or threw himself out. As the windows are only capable of being opened to the extent of about five or six inches, such an event had been thought impossible. Measures have, of course, been taken to prevent the recurrence of any similar accident.

There has been no case of epidemic or contagious disease during the year. Neither mechanical restraint nor seclusion has ever yet been employed in the Asylum. 777, or 43 per cent. of the Patients, have been usefully employed—a proportion less than in former years, owing to the aged and debilitated condition of the more recent admissions.

The New Block for Females, and the Recreation Hall which had just been completed at the date of the last report, were occupied immediately afterwards. The alterations in details in the Block, chiefly the substitution of stoves at the sides instead of in the centre, are great improvements, and the temperature can be maintained with a smaller expenditure of fuel. The workshops and stores in the basements are most useful, and have much facilitated the working of the Matron's and House Superintendent's Departments.

From the Engineer's report, it will be seen that a large quantity of work has again been done in maintaining and improving the structural condition of the establishment.

The cost of maintaining the Patients, which, during the three previous half years, had been 1s. 1d. per head per day, including the salaries and maintenance of officers, has, during the last half year, been reduced to 1s. This reduction is owing chiefly to the lower prices of some of the chief articles of consumption, assisted by the increased produce of the farm and garden. The whole of the land belonging to the Managers has been brought under profitable cultivation, and the eighty acres rented has been a great convenience to the Asylum. Notwithstanding the very unfavourable season, it has already repaid the outlay necessary in the first instance, and will no doubt be found still more advantageous during the coming year.

It will be seen from the Farm Account that a profit of £360 has been realized during the year, although the produce both of meat and vegetables has been charged at prices somewhat less than it would have cost to procure the articles in the market. The farm and garden afford most useful occupation to many of the male Patients.

A considerable number of the Patients have also been employed in the workshops, and it will be seen from the House Superintendent's report that the labour of those employed in the Tailor's, Shoemaker's, and Upholsterer's shops has been to the value of £600, whilst in the Female Workrooms 11,000 new articles have been made, in addition to the very large quantity of mending required not only from ordinary wear and tear, but from the very destructive habits of many of the Patients. Several of the younger females have been taught the use of the sewing machine, by means of which two, who have been discharged cured during the year, are understood to be now earning

their own maintenance. About 90 are employed in the Laundry, where nearly 18,000 articles are washed each week. Interesting details on all these points will be found in the appended reports of the various officers.

The reports made after the visits of various official Inspectors during the year have continued to be most favourable in character, and many of the Managers have themselves visited the Asylum and inspected its condition, while its financial management from the earliest period was rigidly investigated by the Board on a recent occasion. Your Committee trust that the Managers were satisfied that every exertion is used to conduct the Asylum in the most efficient manner possible, and at the same time with a due regard to economy.

(Signed) WILLIAM S. CORTIS, M.D.,

Chairman.

CATERHAM ASYLUM

Statement showing the Cost for Maintenance of Patients during the Half-year ended 28th March, 1874.

	£ s. d.	£ s. d.	PARISH OR UNION.	No. of Days.	Maintenance at 9d. per day.	Clothing at 1d. per day.	Funerals	TOTAL
Amount of Provisions consumed by Inmates as per Steward's Book—								
Christmas Quarter	4,021 10 4		Balance brought forward	£ s. d.	£ s. d.	£ s. d.	£ s. d. 153 18 2
Lady Day ditto	4,440 12 3		City of London Union ..	5,994	224 15 6	24 19 6	2 2 0	
	8,462 2 7		Fulham ditto ..	7,816	293 2 0	32 11 4	2 2 0	
Amount of Necessaries consumed by Inmates and on the Asylum—			Greenwich ditto ..	7,824	293 8 0	32 12 0	4 4 0	
Christmas Quarter	972 11 10		Holborn ditto ..	41,855	1,569 11 3	174 7 11	9 9 0	
Lady Day ditto	966 19 3		Lewisham ditto ..	1,536	57 12 0	6 8 0	1 1 0	
	1,939 11 1		St. Matthew, Bethnal Green ..	175	6 11 3	0 14 7		
Value of Coke from Gas Account	345 0 0		St. George's Union ..	21,453	804 9 9	89 7 9	13 13 0	
			St. Giles and St. George, Bloomsbury ..	12,459	467 4 3	51 18 3	4 4 0	
Value of Provisions in "Clerk's Cash Account" } and cost of Labour in obtaining Water. }	120 0 0		St. Giles, Camberwell ..	20,360	763 10 0	84 16 8	4 4 0	
Cost of Gas, 5,018,440 feet at 2s. 2½d. per 1,000 feet	549 15 3		St. Luke, Chelsea ..	16,014	600 10 6	66 14 6	3 3 0	
Estimated cost of Clothing, at 1d. per head daily	1,277 15 7		St. Marylebone ..	339	14 19 3	1 13 3		
Cost of Funerals during Half-year	105 0 0		St. Mary, Lambeth ..	44,559	1,670 19 3	185 13 3	19 19 0	
			St. Mary, Islington ..	2,693	100 19 9	11 4 5	1 1 0	
Balance	237 9 6		St. Mary Abbotts, Kensington ..	175	6 11 3	0 14 7		
			St. Pancras ..	747	28 0 3	3 2 3	1 1 0	
			St. Olave's Union ..	28,063	1,052 7 3	116 18 7	8 8 0	
			St. Saviour's ditto ..	40,117	1,504 7 9	167 3 1	14 14 0	
			Strand ditto ..	15,742	590 6 6	65 11 10	5 5 0	
			Wandsworth and Clapham Union ..	17,496	656 2 0	72 18 0	3 3 0	
			Woolwich ditto ..	9,665	362 8 9	40 5 5	5 5 0	
			Westminster ditto ..	11,525	432 3 9	48 0 5	2 2 0	
				306,667	11,500 0 3	1,277 15 7	105 0 0	12,882 15 10
				£13,036 14 0				TOTAL £13,036 14 0

CATERHAM ASYLUM.

Statement shewing the Cost for Maintenance of Patients during the Half-year ending 3rd October, 1874.

	£ s. d.	£ s. d.	PARISH OR UNION.	No. of Days.	Maintenance at 8d. per day.	Clothing at 1d. per day.	Funerals.	TOTAL.
Amount of Provisions consumed by Inmates as per Steward's Book—								
Midsummer Quarter	4,517 6 5		Balance brought forward	237 9 6
Michaelmas ditto	4,889 12 7		Sale of Sundry Articles	112 13 0
	<hr/>	9,406 19 0	Profit on Farm (1 year)	361 13 7
Amount of Necessaries consumed by Inmates and on the Asylum—								
Midsummer Quarter	1,018 10 7		City of London Union	7,580	252 13 4	31 11 8	2 2 0	
Michaelmas ditto	940 9 9		Fulham ditto	8,248	274 18 8	34 7 4	3 3 0	
	<hr/>	1,959 0 4	Greenwich ditto	8,234	274 9 4	34 6 2		
For Coke, 310 Chaldrons at 16s.	248 0 0	Holborn ditto	49,776	1,659 4 0	207 8 0	7 7 0	
			Lewisham ditto	1,791	59 14 0	7 9 3		
Amount from "Clerk's Cash Account"	18 5 1		St. George's ditto	24,073	802 8 8	100 6 1	6 6 0	
Cost of Gas, 2,435,700 feet at 2s. 4d. per 1,000 feet	284 3 3		St. Giles and St. George, Bloomsbury	13,640	454 13 4	56 16 8	2 2 0	
Estimated cost of Labour in obtaining Water, &c.	80 0 0		St. Giles, Camberwell	23,798	793 5 4	99 3 2	7 7 0	
Estimated cost of Clothing, at 1d. per head daily	1,454 4 4		St. Luke, Chelsea	19,534	651 2 8	81 7 10	7 7 0	
Cost of Funerals during Half-year	80 17 0		St. Marylebone	567	18 18 0	2 7 3		
Balance	349 3 1		St. Mary, Lambeth	49,600	1,653 6 8	206 13 4	12 12 0	
	<hr/>		St. Mary, Islington	2,849	94 19 4	11 17 5	1 1 0	
			St. Mary Abbotts, Kensington	685	22 16 8	2 17 1	3 3 0	
			St. Matthew, Bethnal Green	199	6 12 8	0 16 7		
			St. Pancras	938	31 5 4	3 18 2		
			St. Olave's Union	32,601	1,086 14 0	135 16 9	5 5 0	
			St. Saviour's ditto	43,708	1,456 18 8	182 2 4	7 7 0	
			Strand ditto	17,078	569 5 4	71 3 2	5 5 0	
			Wandsworth and Clapham Union	18,978	632 12 0	79 1 6	4 4 0	
			Woolwich ditto	12,167	405 11 4	50 13 11	2 2 0	
			Westminster ditto	12,968	432 5 4	54 0 8	4 4 0	
				349,012	11,633 14 8	1,454 4 4	80 17 0	£13,168 16 0
							TOTAL	£13,880 12 1

STATEMENT showing the Cost per Head of the Maintenance of Patients, the Daily Average Number of Patients, and the average Prices of the Principal Articles of Provisions and Necessaries, during the several Half-Years from the opening of the Asylum, on the 1st October, 1871, to the 3rd October, 1874.

Description of Charge.	Half Year ended 25th March, 1871.	Half-Year ended 30th Sept., 1871.	Half-Year ended 30th March, 1872.	Half-Year ended 5th October, 1872.	Half-Year ended 29th March, 1873.	Half-Year ended 4th October, 1873.	Half-Year ended 28th March, 1874.	Half-Year ended 3rd October, 1874.	
For the Maintenance of Patients, } (including Provisions, Clothing, } Gas, Warming, Water, and other } Necessaries) ...	0 11 $\frac{3}{4}$	0 9 $\frac{1}{2}$	0 9	0 9 $\frac{1}{2}$	0 9 $\frac{3}{4}$	0 10	0 10	0 9	
For Salaries, Maintenance, and } Uniforms of Officers ...	0 9	0 3 $\frac{1}{2}$	0 3	0 3	0 3	0 2 $\frac{3}{4}$	0 2 $\frac{3}{4}$	0 2 $\frac{3}{4}$	
For Medicines and other Charges } (except Repayments of Principal } of Loans with Interest, Furni- } ture, and Additions and Repairs } to Buildings) ...	0 1 $\frac{1}{4}$	0 0 $\frac{1}{2}$	0 0 $\frac{1}{4}$	0 0 $\frac{1}{4}$	0 0 $\frac{1}{4}$	0 0 $\frac{1}{4}$	0 0 $\frac{1}{4}$	0 0 $\frac{1}{4}$	
Total Daily Rate ...	1 10	1 1 $\frac{1}{2}$	1 0 $\frac{1}{4}$	1 0 $\frac{3}{4}$	1 1	1 1	1 1	1 0	
Weekly Rate ...	12 10	7 10 $\frac{1}{2}$	7 1 $\frac{3}{4}$	7 5 $\frac{1}{4}$	7 7	7 7	7 7	7 0	
Daily Average Number of Patients	476 9 $\frac{9}{17\frac{5}{9}}$	1,461 10 $\frac{7}{18\frac{9}{9}}$	1,596 13 $\frac{9}{18\frac{9}{9}}$	1,644 9 $\frac{4}{18\frac{9}{9}}$	1,666 5 $\frac{4}{17\frac{5}{9}}$	1,667 4 $\frac{1}{18\frac{9}{9}}$	1,752 6 $\frac{7}{17\frac{5}{9}}$	1,846 1 $\frac{8}{18\frac{9}{9}}$	
Description of Article.	£	s.	d.	£	s.	d.	£	s.	d.
Ox Beef } per lb. ...	0	0	7 $\frac{1}{2}$	0	0	7 $\frac{1}{2}$	0	0	7 $\frac{3}{4}$
Mutton	0	0	7 $\frac{1}{2}$	2	1	0	0	0	9
Flour, Best Household, at per sack.	2	8	0	2	1	0	2	4	6
Butter, at per cwt. ...	5 10	0	5 10	0	5 16	0	5 16	0	5 16
Cheese, at per cwt. ...	3 8	0	3 8	0	2 18	0	3 8	0	3 8
Tea, at per lb. ...	0 1	6 $\frac{1}{2}$	0 1	6 $\frac{1}{2}$	0 1	7 $\frac{1}{2}$	0 1	7 $\frac{1}{2}$	0 1
Sugar, Raw, at per cwt. ...	1 11	0	1 11	0	1 12	6	1 12	6	1 12
Cocoa, at per cwt. ...	2 16	0	2 16	0	2 16	0	2 8	0	2 3
Rice, at per cwt. ...	0 18	0	0 18	0	0 17	0	0 16	0	0 18
Potatoes, at per ton ...	3 5	0	3 5	0	4 10	0	5 0	0	4 5
Eggs, at per 100 of 120 ...	0 7	6	0 7	6	0 6	9	0 10	6	0 8
Porter, at per barrel ...	1 6	0	1 6	0	1 5	6	1 5	6	1 5
Ale, at per barrel ...	1 12	0	1 12	0	1 9	0	1 9	0	1 9
Soap, Yellow, at per ton ...	23 10	0	23 10	0	32 10	0	28 0	0	27 0
House Coal, at per ton ...	0 18	7	0 18	7	0 19	3	0 19	3	1 7
Steam Coal, at per ton ...	0 17	5	0 17	0	0 17	0	0 18	6
Gas Coal, at per ton ...	0 17	5	0 17	5	0 18	6	200 tons, 35/0	500 tons, 28/9

† From Christmas to Lady Day.

* From Michaelmas to Christmas.

CATERHAM ASYLUM.—DIETARY TABLE FOR THE PATIENTS.

BREAKFAST.		DINNER.												TEA.													
MALES.		FEMALES.		MALES.						FEMALES.						MALES.						FEMALES.					
ozs.	oz.	pt.	ozs.	oz.	pt.	ozs.	oz.	pt.	ozs.	oz.	pt.	ozs.	oz.	pt.	ozs.	oz.	pt.	ozs.	oz.	pt.	ozs.	oz.	pt.	ozs.	oz.	pt.	
MONDAY	...	6	1	5	1	13	9	...	13	...	10	4	1	4	1	8	1	...	1	5	1	1	
TUESDAY	...	6	1	5	1	1	...	5	...	10	4	1	4	1	4	1	4	1	9	1	5	1	1		
WEDNESDAY	...	6	1	5	1	1	...	5	...	10	4	1	4	1	4	1	4	1	9	1	5	1	1		
THURSDAY	...	6	1	5	1	1	...	5	...	10	4	1	4	1	4	1	4	1	9	1	5	1	1		
FRIDAY	...	6	1	5	1	1	...	5	...	10	4	1	4	1	4	1	4	1	9	1	5	1	1		
SATURDAY	...	6	1	5	1	1	...	5	...	10	4	1	4	1	4	1	4	1	9	1	5	1	1		
SUNDAY	...	6	1	5	1	1	...	5	...	10	4	1	4	1	4	1	4	1	9	1	5	1	1		

Male and Female Patients laboriously employed are allowed Bread and Cheese, and half-pint Beer at 11 A.M., and half-pint Beer at 4 P.M.

The Diet for Children of both sexes is the same as the Diet for Females.

* The Irish Stew is to be made with 3 ozs. Meat and the Liquor from the Meat of the previous day, Peas, Rice, Scotch Barley, Herbs, &c.

† The Soup is to be made with 4 ozs. Meat and the Liquor from the Meat of the previous day, Peas, Rice, Scotch Barley, Herbs, &c.

‡ In lieu of the $\frac{1}{2}$ oz. of Butter daily, the Female Patients may be given an extra ounce of cooked Meat on each of the four meat days.

R E P O R T
OF THE
MEDICAL SUPERINTENDENT.

TO THE CHAIRMAN AND COMMITTEE OF MANAGEMENT OF THE
METROPOLITAN DISTRICT ASYLUM, CATERHAM, SURREY.

GENTLEMEN,

I have the honour to submit to you the fourth Annual Report of the condition of the Asylum and Patients along with the usual Statistical Tables.

The numbers admitted during the year have been much in excess of the previous one, namely, 504 as compared with 240 ; and whilst the daily average number resident has increased from 1,667 in 1873, to 1,796 in 1874, it will be seen by the following statements and tables that the mortality is almost the same : that of 1873 being 187, or = 11.21 per cent., while that of 1874 is 192 or 10.69 per cent.

I proceed to give the usual numerical details and tabular statements.

On the 30th of September, 1873, the number of Patients on the books of the Asylum was 1,661; 721 of whom were males and 940 females. From that time to the present date, there have been admitted 265 men and 239 women, total 504. These numbers include 13 re-admissions, 10 men and 3 women, who for reasons which will be hereafter explained, required to be brought back to the Asylum.

The total number of Patients under care and treatment throughout the year was 2,165; 986 men, and 1,179 women.

100 Patients have been discharged, of whom 61 were recovered—5 so much improved that they were able to be removed to the care of their friends—17 also, in an improved condition, were removed by order of Boards of Guardians, whilst 17 were found, after more or less lengthened periods of observation, to labour under forms of mental disease manifested by dangerous propensities, and which, therefore, according to the statute, necessitated their removal to the County Asylums.

8 Patients escaped during the year, 5 of whom were brought back to the Asylum.

192 Patients have died, 98 of whom were men, and 94 women.

TABLE I.—*Showing the Admissions, Discharges, and Deaths from 1st October, 1873, to the 30th September, 1874.*

	MALES.	FEMALES.	TOTAL.
Number of Patients in the Asylum on the 1st October, 1873	
Admitted since	
Re-admitted	
Total under treatment	
	M.	F.	TOTAL.
Discharged—Not fit cases	
Recovered	
Improved, to care of Friends	
By order of Board of Guardians	
Escaped (5 of whom were re-admitted)	
Died	
Remaining in Asylum, 30th September, 1874	
Average number resident	
			1,796
			1,865
			300
			1,046
			..
			..
			1,661
			491
	721	940	
	255	236	
	10	3	
	986	1,179	2,165

THE ADMISSIONS.

A reference to the Case Books of last year shows that out of a total of 504 admissions, 76 were over 60; 63 over 70; and 15 over 80 years of age.

A very large number laboured under ordinary forms of paralysis, such as hemiplegia and paraplegia; whilst a considerable proportion suffered from "general paralysis" of the insane, and epilepsy. Bodily debility, and helplessness (often extreme) characterized a majority of the admissions; many were bed-ridden before being brought—were carried from the conveyances which brought them to bed in the Infirmary—occasionally to live but a short time afterwards.

Some estimate of the character of the cases admitted in this and former years may be formed from the fact that the Infirmary accommodation originally provided, which was for 90 Patients on each side only, has required to be increased to 450 on the female side, and 230 on the male; and the number of debilitated cases still remaining in the ordinary wards are such as will soon necessitate the appropriation of another Block on each side for Infirmary purposes. It may further be stated that nearly a third of the total number of Patients resident are of wet or dirty habits, and that the labour involved in keeping them and the wards in a cleanly condition is such, that difficulty has been experienced, and will continue to increase in retaining the services of the working staff and attendants; and they cannot fail, before long, to require to be materially increased in number.

I would also again repeat the observations I made in my Report of last year, with regard to the mental condition of many of the Patients admitted, viz., those suffering from the

ordinary effects of age or paralysis. These are not *truly* insane, imbecile, or idiot, and ought in no *way* to be classed with them; they labour under no delusions, they give coherent answers; there is nothing irrational in their conduct; in many cases there is only "impairment" of mind or memory, which should not prevent their being treated in an ordinary hospital or workhouse infirmary. The presumption is strong that many are removed to the Asylum as the easiest means of getting rid of the trouble of nursing them.

It may be said that the course of not receiving such cases is open to the Medical Superintendent, but this is not found practicable; firstly, because the Patient has probably already had a journey of 20 miles to the Asylum, and in their debilitated condition a repetition of the journey might prove very injurious or even fatal; secondly, as no statement of facts indicating unsoundness of mind is required to be given by the certifying medical men, and generally no history being obtainable, the important question of the sanity or insanity of the Patient cannot be at once determined in such examinations as can be given to individual cases by the Asylum medical officers at the time the Patient is admitted.

TABLE II.—Showing the Number of Patients in the Asylum on the 30th September, 1874, with the Unions and Parishes to which they are chargeable:—

UNION OR PARISH.	Number of Patients.		
	Males.	Females.	Total.
City of London	22	18	40
Fulham	23	21	44
Greenwich	19	24	43
Holborn	126	139	265
Lewisham	2	7	9
St. George's	60	67	127
St. Olave's	72	100	172
St. Saviour's	95	136	231
Strand	32	59	91
Wandsworth and Clapham	53	48	101
Westminster	35	32	67
Woolwich	33	34	67
St. Giles, Camberwell	Parish of	80	129
St. Giles and St. George, Bloomsbury	49	49	74
St. Luke, Chelsea	25	62	105
St. Mary Abbotts, Kensington	43	1	1
St. Mary, Islington	12	2	14
St. Mary, Lambeth	108	167	275
St. Marylebone	3	3	3
St. Matthew, Bethnal Green	3	3	3
St. Pancras	3	1	4
TOTALS	819	1,046	1,865

TABLE III.—Showing the Form of Mental Disease in the Patients admitted from 1st October, 1873, to
30th September, 1874.

FORM OF DISEASE.		Males.	Females.	Total.
Mania
,, Chronic
Melancholia
Dementia
,, Senile
,, and General Paresis
,, and Epilepsy
Idiocy
Imbecility (including cases recorded as mental weakness)
,, and Epilepsy
,, and Chorea
TOTAL number admitted
		265	239	504

THE DISCHARGES.

Throughout the year 100 Patients have been discharged, and out of that number the large proportion (the largest yet recorded) of 61, viz., 31 men and 30 women have recovered; such a result, considering the usually hopeless nature of the malady on admission, was hardly to be hoped for, and it affords instructive evidence that even in its worst and lowest form much can be done for mental disease.

The removal from London into the pure and bracing atmosphere of the Caterham hills soon makes a marvellous change in the bodily condition of such cases as are in any way capable of improvement, and with this improved bodily condition in many cases, the mind also keeps pace.

Besides those discharged recovered, 22 have been removed by their friends, or by orders of Boards of Guardians, in a much improved condition; but unfortunately in some cases, before it was deemed advisable by the Committee of Managers themselves to order the discharge, the result being that of these discharges 13, viz., 10 men and 3 women have been returned to the Asylum relapsed, when probably a few more weeks' residence would have perfected the cure.

17 cases have been discharged as unfit for treatment in the Asylum owing to maniacal excitement or violence. Some of these were of a class (recurrent maniacs) in which the disease only periodically shows itself, often suddenly and in a violent form, and who had been sent to the Asylum while they were in the quiescent stage. Others have been found, after a period of residence and observation, to be violent, homicidal, or suicidal, and had accordingly to be removed.

Three Patients escaped, who were not brought back to the Asylum, one of them a female, who had improved considerably,

from the Chaplain's house, in which she was employed. Some-time afterwards she returned the clothes in which she left to the Asylum, and sent to say that she had obtained a situation. Another, a man, escaped from the grounds, and made his way to London, and on the following day was admitted into St. Bartholomew's Hospital suffering from epilepsy, from which he died. The third, a lad, much improved when he left, and who would shortly have been discharged, was not retaken.

THE DEATHS.

An examination into the causes of the Deaths during the past year, which have been 192 in number, shows that 58 of them have been due to various forms of paralysis, and no less than 70 to old age; thus old age and paralysis combined are accountable for the deaths of 128, or two-thirds of the total number. A further examination into the length of residence in the Asylum previously to death shows that 19 of them were under one month, and 20 between one and three months, thus proving the extremely debilitated condition in which many were on arrival. Full particulars are, however, given in one of the following Tables.

The deaths have been from natural causes except one, and it has been necessary for the first time since the opening of the Asylum to hold an inquest. On the 17th of May a boy, 7 years of age, the subject of epileptic fits, on coming from the airing court, went into the closet adjoining his ward, from whence he appears to have clambered up to the window and fallen through, as he was seen a few minutes afterwards by an attendant lying in the airing court below; he had met with severe injury to the head and upper part of the chest, and died 17 hours afterwards.

An inquest was held on the 22nd of the same month, and a verdict of "accidental death" was returned.

TABLE IV.—*Showing that Death has been due to—*

Cerebral Disease	in	82	cases.
Cardiac	„	5	„
Pulmonary	„	35	„
Abdominal	„	2	„
Dermal	„	3	„
Cerebral and Pulmonary combined ..	„	6	„
Gangrenous	„	2	„
Cerebral and Cardiac combined ..	„	1	„
Accidental	„	1	„
Cerebral and Abdominal combined ..	„	1	„
Senile Decay	„	54	„
	Total	192	

TABLE V.—*Shewing the Causes of Death, from the 1st October, 1873, to the 30th September, 1874.*

CAUSE OF DEATH.	Males.		Females.	TOTAL.
	Males.	Females.		
Empyæma	1	1
Pulmonary Congestion and Emphysema 1	1
Rachitis—Chronic Bronchitis 1	1
Broncho Pneumonia 1	1
,, ,, and Epilepsy 1	1
Pleuro Pneumonia—Hydropericardium 1	1
Erysipelas—Pyæmia 1	1
Mania 1	1
Chronic Mania 1	1
,, ,, and Icterus 1	1
,, ,, Melancholia 1	1
Dementia—Gangrene Ped. 1	1
Gangrene Semilis 1	1
Embolism—Gangrene Ped. 1	1
Mitral Regurgitation—Syncope 1	1
Aortic Disease—Fatty Degeneration 1	1
,, ,, Hypy, Left ventricle 1	1
Anthrax
			8	10
				18
	Carried forward			

TABLE V. (contd.)—*Shewing the Causes of Death, from the 1st October, 1873, to the 30th September, 1874.*

TABLE VI.—*Shewing the Ages of the Patients Admitted, Discharged, and who have Died, from the 1st October, 1873, to the 30th September, 1874.*

TABLE VII.—*Shewing the length of Residence of Patients discharged recovered, and of those who have died between the 1st of October, 1873, and the 30th September, 1874.*

Length of Residence.	Discharged Recovered.			Died.		
	Males.	Females.	Total.	Males.	Females.	Total.
Under 1 month	10	9	19
From 1 to 3 months	2	6	8	10	10	20
,, 3 to 6 ,,,	3	6	9	15	18
,, 6 to 9 ,,,	4	8	13	17
,, 9 to 12 ,,,	2	..	2	5	6
,, 12 to 18 ,,,	5	2	7	4	5
,, 18 to 24 ,,,	3	1	4	5
,, 24 to 30 ,,,	3	1	4	5
,, 30 to 36 ,,,	2	3	5	5
,, 36 to 42 ,,,	6	5	11	16
,, 42 to 48 ,,,	1	2	3	4
Total	31	30	61	98	94	192

GENERAL HISTORY.

The routine of an Asylum once fairly established varies but little from day to day, and few new incidents occur when all goes well to mark its progress. The description of one day's work, therefore, such as is given in Tables 8 and 9, will suffice to show the general nature of it throughout the year. That there are no striking incidents this year to relate we may consider fortunate, for an Asylum—like a nation—is happy that has no history.

The general health of the Patients (considering their bodily infirmity when admitted) has been good, and we have been free from epidemic diseases. The numbers registered daily as being sick, confined to bed, or who require special medical attention, vary considerably, but they average between 300 and 400; yesterday, in both sides of the Asylum, the numbers were—Males, 108; Females, 195. Total 303.

The changes amongst the Attendants have unfortunately been somewhat more numerous this year than usual, 14 Male Attendants having left, whilst 41 Female Attendants have changed to other situations, or left to be married. We have hitherto had very few resignations, and it is sincerely to be hoped that this epidemic of change may pass away—for it does become epidemic—and many of those who leave soon regret that they have done so. That they have arduous work to perform whilst in the service is well known, from the number of cases requiring constant attention being so numerous, but we daily look forward to having a diminution of such cases, and, as a consequence, more steady and prolonged service.

Entertainments of various kinds have been continued throughout the year, and I am glad to say with more variety than hitherto. There have been weekly dances, lectures, exhibitions

of dissolving views, conjurers, readings, concerts, and theatricals, by the Asylum Staff and Attendants, also by amateurs and professionals from London and elsewhere, Christy's Minstrels, &c., whilst the Asylum Band, now in an excellent state of organization, has played twice a week in the Front Grounds, and in the Recreation Hall on Wednesday evenings.

Cricket and football have been played in their appropriate seasons, and the Patients much enjoy the opportunities they have of entering into these games. There have also been walking parties and excursions into the surrounding country twice a week.

777 Patients have been usefully employed, or a percentage of 43, as will be seen in Tables 8 and 9. The occupations in which they are engaged are also given. Not so many in proportion are employed as in former years on account of the debilitated character of new admissions.

Another year has passed without restraint or seclusion requiring to be employed.

Only three accidents of at all a serious nature have occurred. One of these was to a female who fell in a fit while in the Airing Court, and sustained a luxation of the shoulder joint. The other, a deaf and dumb lad, who is in the habit of gesticulating violently and so annoying the others, was pushed down by another Patient, which caused fracture of both bones of his right forearm. A third occurred to a very feeble epileptic and paralysed old man, who slipped off his chair in the Infirmary Ward, and broke his leg bones. All three cases made good recoveries.

I can offer no stronger evidence of the excellent manner in which the Staff, Attendants, and Nurses have performed their

duties than by referring to the foregoing facts. Considering the large number under care who labour under all kinds of mental diseases, and of whom 400 or 500 are epileptic, it is surprising that there are not more, and probably serious accidents to record.

During the last year the number of Night Attendants has been materially increased with marked beneficial results in many ways. Accidents have been prevented, the sick and dying better attended to, and cleanliness has been promoted. There are now four on the Female Side in place of two, and three on the Male in place of two. Tell-tale clocks have recently been introduced with type-boxes placed in all the Wards and Dormitories, and these have served to record the manner in which the Attendants perform their duties during the night. The result is very satisfactory, for in no case as yet has visiting the wards been found to be neglected at the stated periods, and the Attendants themselves like the clocks, as affording evidence that their work has been properly done.

The Ball given annually to the Attendants and Servants took place this year on the 8th January in the Recreation Hall, and it passed off most successfully and enjoyably.

Lately one or two Patients, who have been ordered to be discharged by the Committee, on account of violent or dangerous propensities, were certified for before leaving, and were consequently able to be removed direct to the County Asylums, instead of passing through the intervening inconvenient and somewhat dangerous process of removal to a London workhouse; the advantages attending these changes are evident.

In the month of April, Dr. Elliot, who had been the Assistant Medical Officer from the opening of the Asylum, resigned on being appointed to a similar office at Colney Hatch; his place

has been filled by Mr. E. G. Younger, who has proved himself an able and energetic colleague.

The new Female Block and Recreation Hall, with its Dormitory over, have been found, now that they have been in use for some time, to answer their purpose admirably. The altered construction in the new Female Block especially is found to be in many ways much for the better.

Much attention has, as usual, been given to maintaining an equal temperature in the Wards day and night. Although the process may be somewhat expensive in fuel, this expense is rewarded by a diminished mortality.

I have again strongly to recommend the erection of a Turkish and adjoining Swimming Baths. In my Report last year I stated several reasons for its adoption. My opinion then expressed continues the same, or is strengthened by larger experience of the favourable results that would accrue to the Patients from its use.

In concluding my Report, I have to thank you, gentlemen, for the confidence you have hitherto reposed in me; it has always been, and will continue to be, my aim so to do my duty, as to retain that confidence.

I am, Gentlemen,

Your obedient Servant,

(Signed) JAMES ADAM, M.D.,

Medical Superintendent.

CATERHAM ASYLUM.

To the Medical Superintendent,
Male Side.

SUMMARY OF DAY REPORTS.

TABLE VIII.)

September 29th, 1874.

Block.	No. of Patients	At Chapel.		Sick and taking Medicine.	Nos. Employed.	Wet and Dirty.	Admitted.	Discharged.	Breakfast Time.	Time of Dinner, and what issued.	Tea Time.	REMARKS.
		A.M.	P.M.									
A 1.	30	6	6	24	1	8.30	1 P.M.	Fish, Mutton, Mince, Sago Pudding, Bread, Potatoes, Beer.
A 2.	31	6	6	22	3	Pork, Mince, Potatoes, Bread, Beer.
A 3.	30	6	6	14	12
B.	152	22	84	2	4
C.	156	12	..	14	54	3	3
D.	160	19	..	23	59	..	5	12
E 1.	51	9	24	11	14	1	..
E 2.	55	7	15	13	8
E 3.	57	8	4	12	29
R. H.	46	12	25
Detach.	52	52
Totals	820	31	71	316	108	189	1	..	1

Departments where Patients are employed.	Nos. Employed.	Block.	Special Incidents during the Day.
Blocks..	108		
Centre and Hall	7		Attendant Jackson. Day out.
Coaling	8		„ Marshall, sick.
Stores ..	3		Attendants Crowdby and Porter employed with Patients.
Kitchen	13		
Bakehouse	6		
Mess Room	2		Nigger Troupe at Practice, from 3.30 till 4.30.
Tailor's Shop..	10		No. 1456, Charles Edward McDowell, admitted to A 1, from W. and C.
Shoemaker's Shop	10		
Upholster's Shop	38		
Painter's Shop	4		No. 1326, Thomas Longbottom died in F 1, at 3 p.m., Kensington.
Grounds	80		
Laundry	10		Night Attendants—
Gashouse	1		A Division. Faulkner.
Enginehouse	1		E Division. Kindell and Good.
Attending to Earth Closets	11		
With Tailor Attendant	—		
Carpenter	1		
Lunches	3		
			Total : 316
			79
			395
Capable of employment but left in Wards..			

(Signed) J. CAWTHORNE,
Head Attendant.

SUMMARY OF DAY REPORTS

To the Medical Superintendent,
Female Side.

TABLE VIII. (continued.)

September 29th, 1874.

Block.	No. of Patients	At Chapel.		Sick and taking Medicine.	Wet and Dirty.	Admitted.	Discharged.	Dead.	Breakfast Time.	Dinner Time.	Tea Time.	Work Finished.	Time of Matron's Visit.	
		A.M.	P.M.											
A. 1.	32	17	18						1	5.30	11.0	
A. 2.	30	16	22	6	"	"	11.30	
A. 3.	32	11	17	7	"	"	11.0	
B.	159	19	21	73	4	30	4	"	"	11.0	
C.	157	20	26	72	..	18	4	"	"	12.0	
D. 1. } D. 2. } D. 3. }	160	43	36	71	21	"	"	12.0	
E.	159	20	29	67	4	25	4	1	"	"	12.0	
F. 1. } F. 2. } F. 3. }	160	34	90	79	26	"	"	12.0	
G.	157	128	4	10	2	"	"	11.0	
TOTALS .	1,046	59	76	461	195	287	80	1					8.30	5.30

Departments where Patients are Employed.	Nos. Employed.	Block.	Special Incidents during the day.
Laundry	85	F	1 Patient admitted from St. Olave's.
Work Room	29		Catherine Bryan, age 35, No. 1538.
Helpers in Blocks	203		26 Patients visited by the Priest.
Needlework	124		The Fulham Guardians visited their Patients to-day.
Centre	7		12 Patients sleeping in single rooms.
Mess Room	7		Patients' Dinner consisted of Pork, Fish and Puddings.
Kitchen	—		Nurse Goving off duty. Sick all day.
Night Duty	—		” Thomas ” till 9 A.M.
Medical Superintendent's Residence	2	B	E. McTier, bruised face, caused by falling in a fit.
Chaplain's Residence	1	B	Destroyed by Bolan. One Dress.
Steward's do.	1	E	” ” Bennett ”
Matron's do.	1	F	” ” Hallett ”
Engineer's do.	1		
Total	461		

Night Attendants.

A Division, C. SPALDING WIGG.
D ”, E. CHRISMAN SERVET.

E. E. MOSELY, Matron.

TABLE IX.—Showing the Station in Life or Occupation of the Male Patients admitted from the 1st October, 1873, to the 30th September, 1874.

Occupation.	No.	Occupation.	No.
Agent	2	Messenger	1
Blacksmith	2	Merchant	1
Bricklayer	2	Mat Maker	1
Butcher	1	Machinc Ruler	1
Baker	1	Organ Builder	3
Brushmaker	1	Organ Player	1
Brass Founder	1	Painter	3
Brickmaker	1	Porter	9
Carpet Printer	1	Pupil Teacher	1
Cook and Waiter	2	Plasterer	3
Cork Cutter	1	Printer..	6
Clerk	5	Portmanteau Maker	1
Carpenter	8	Policeman	3
Cheesemonger	1	Plumber	1
Cooper	1	Sailmaker	2
Dyer	1	Shoemaker	15
Draper's Assistant	1	Stonemason	1
Druggist's Assistant	1	Silversmith	2
Engraver	2	Shop Boy	2
Floor Cloth Designer..	1	Skin Dresser	2
Fancy Glass Worker	3	Shopkeeper	2
Firewood Maker	2	Shoeblack	2
Gunsmith	1	Saddler	2
Gardener	1	Stableman	6
Grocer	1	Tailor	5
Gilder	1	Turncock	1
Hawker	4	Valet	1
Ironmonger	2	Upholsterer	1
Jeweller	1	Waterman	3
Labourer	48	Wood Chopper	1
Lincensed Victualler	1	None	78
Master Mariner	1		
Musician	2	TOTAL	265

TABLE X.—Showing the Station in Life or Occupation of the Female Patients admitted from the 1st October, 1873, to the 30th September, 1874.

Occupation.	No.	Occupation.	No.
Box Maker	1	Mantle Maker..	1
Barmaid	1	Nurse	7
Book-stitcher	1	Needlewoman	15
Cooks	3	Pipe-maker	1
Charwoman	16	Servant	54
Cotton Winder	1	Sempstress	4
Dressmaker	2	Scholar	1
Fur Pulling	1	Tailoress	4
Furrier	1	Washerwoman	3
Governess	1	Wife of Milkman	1
Grocer	1	Widow of Gardener	1
Hawker	4	Widow of Shoemaker	1
Hat Trimmer	1	None	104
Ironer	2		
Laundress	6		
		TOTAL ..	239

(Signed)

JAMES ADAM, M.D.,

Medical Superintendent.

HOUSE SUPERINTENDENT'S REPORT.

October 1st, 1874.

GENTLEMEN,

The Asylum having now completed the fourth year of its existence, I have to lay before you a few facts relative to the administration during the past twelve months.

The year contrasts favourably with its predecessors, in that we can show the results of our previous work, and record facts instead of expressing hopes.

The whole of the land has now been brought under cultivation, there being thirty-five acres or thereabouts in the farm and garden, while the remainder is appropriated to the recreation of the inmates. The farm and garden account for the year shows a profit of £360.

The manufacture of clothing and bedding for the inmates has been carried on in the past, as in the previous years. Detailed accounts of the work will be found at the end of this Report. The clothing and materials supplied by the contractors have been of good quality.

The baking machinery has required neither repair nor alterations since its erection. The number of loaves produced by each sack of flour has been 100 throughout the year, and the average cost of the sack of flour (280lbs.) has been 45s. 4d. The contract for the ensuing half-year has been taken at 32s. 9d.

The prices of the various articles of provisions and necessaries have, in some instances, exceeded those of the previous year, while in others there has been a great reduction. Butter, which formerly was dear at 100*s.*, is now 120*s.* and 130*s.* per cwt.; while coals have diminished from 34*s.* to 24*s.* per ton.

Then the cost per head remains nearly the same as in previous years; but as we have been able to help ourselves by taking farm and garden produce for our consumption, a diminution of 1*d.* daily is observable in the latter half of the year as compared with the former.

The re-arrangement of the dietary has made scarcely any alteration in the articles consumed, as the substances used in the preparation of the food remain nearly the same.

There has been no alteration in the kitchen since my last Report.

The varied entertainments of the year have relieved the monotony consequent upon the isolated position of the Asylum. More perfected arrangements continue to be made as the establishment gets older, and the various departments of the building are being continually adapted to the necessities of the day.

The inmates, as far as they have been sent to do so, have worked well, and have therefore, to a certain extent, reduced the cost of their maintenance. It will be seen that in the tailor's, shoemaker's, and upholsterer's shops, the produce of their labour has been to the value of £600; and in the garden and farm also their work has begun to be really useful, inasmuch as being now accustomed to the employment, they are able to follow its routine.

It is especially noticeable that those who have been most depended upon, have returned this confidence by attention and obedience.

The great drawback to the Institution is its want of railway accommodation. If the South Eastern Railway Company could be induced to extend their railway to Upper Caterham, where there would be room for increasing their traffic, the working expenses would (especially should the Institution be further enlarged) be borne by the amount of goods necessary for the support and maintenance of the Asylum.

In conclusion, I beg to thank the Committee for the kind support they have accorded me during the past year.

I am, &c.

(Signed) GEORGE WHITE,
House Superintendent.

To the Committee of Management
of the Caterham Asylum.

Work executed at Caterham Asylum, 1874.

UPHOLSTERY.

ARTICLES.	No.	Price. £ s. d.	Value. £ s. d.
Mattresses made	488	0 1 6	36 12 0
Ditto, in 3 parts	79	0 1 9	6 18 3
Pillows	373	0 0 3	4 13 3
Bolsters	98	0 0 6	2 9 0
Coffin Pillows	157	0 0 0 $\frac{1}{4}$	0 3 3 $\frac{1}{4}$
Kneelers	72	0 0 1	0 6 0
Cocoa Fibre Mattresses	9	0 0 6	0 4 6
Epileptic Pillows	6	0 0 6	0 3 0
Bedsacking changed and littered	804	0 0 1	3 7 0
Ditto, tightened and regulated	432	0 0 0 $\frac{1}{2}$	0 18 0
Ditto, repaired	422	0 0 2	3 10 4
General repairs to the value of	6 13 4	6 13 4
Hair picked (120 cwt.) at	..	0 18 8	112 0 0
Fibre do. (785 lbs.) at	..	0 0 2	6 10 10
			184 8 7 $\frac{1}{4}$
Deduct Wages and small expenses	102 4 0
Profit value of Inmates' Labour	£82 4 7 $\frac{1}{4}$

(Signed)

G. WHITE, *House Superintendent.*

Work executed during the Year ending Michaelmas, 1874.

SHOEMAKING.

ARTICLES.	No. Pairs.	Price.	Entire Value.
		s. d.	£ s. d.
Made	4	4 0	0 16 0
Repaired	4,216	1 6	316 4 0
,"	1,209	0 6	30 4 6
,"	203	0 2	1 13 10
			348 13 4
Deduct Wages, &c.	80 13 0
Profit value of Inmates' Labour..	£268 0 4

TAILORING.

ARTICLES.	Number	Price.	Entire Value.
		£ s. d.	£ s. d.
Jackets, (made)	196	0 3 0	104 8 0
Trousers ,,,	590	0 2 9	81 2 6
Vests ,,,	158	0 1 6	11 17 0
Repairs to Trousers ..	2,584	0 1 0	129 4 0
," Vests	1,752	0 0 6	43 16 0
," Jackets	2,070	0 1 0	103 10 0
Officers' Uniforms (Dress Suits) ..	6	1 0 0	6 0 0
," ,,, (Undress ,,) ..	31	0 10 0	15 10 0
Officers' Repairs .. say	1 0 0	1 0 0
Slop and Canvas Suits ..	189	0 0 6	4 14 6
Mattresses (sewn)	134	0 1 0	6 14 0
Pillow Cases ,,,	17	0 0 1	0 1 5
			507 17 5
Deduct Wages and Expenses	250 13 3
Profit value of Inmates' Labour	£257 4 2

(Signed)

G. WHITE, *House Superintendent.*

CATERHAM ASYLU M.

FARM ACCOUNT (CAPITAL). VALUATION, MICHAELMAS, 1874.

CATERHAM ASYLU M.

FARM BALANCE SHEET, MICHAELMAS, 1874.

Cr

Dr.

To Cash paid for—	£	s.	d.	£	s.	d.	£	s.	d.
Oats	79	1	0			676	8	0
Maize	112	6	0			537	10	6
Hay	30	0	0			506	17	7
Straw	232	1	0			72	13	6
Oil Cake	73	0	0			10	0	0
Grains	49	13	6					
Barley Meal	178	8	0			573	6	8
Middlings	109	1	6					
Bran	21	19	6					
Linseed	3	8	0					
Peas	8	16	0					
Mangolds	2	14	0					
Seeds and Plants	67	1	1					
Shoeing and Repairs	38	5	0					
Guano	19	19	0					
Carried forward ..		£1,025	13	7			£2,376	16	3

Dr.

FARM BALANCE SHEET, MICHAELMAS, 1874.—(Continued.)

Cr.

	£	s.	d.	£	s.	d.	£	s.	d.
Brought forward	1,025	13	7				Brought forward	..	2,376 16 3
To Cash paid for—									
Sulphuric Acid	1	7 10						
Use of Steam Plough	31	10 0						
Implements	38	17 1						
Incidental Expenses, Veterinary Fees, Pig killing, &c.	30	14 0						
Wages	556	10 0						
Rent, Rates and Taxes	200	0 0						
Three Cows	63	0 0						
Two Horses	47	10 0						
Cost of Shed	20	0 0						
				2,015	2	6			
Balance (Profit)	361	13 7						
				£2,376	16	3			

(Signed)

GEORGE WHITE,

House Superintendent.

Examined and found correct,

(Signed)

WILLIAM S. CORTIS.

THOS. SYMONS.

M. SARSON.

M A T R O N ' S R E P O R T .

CATERHAM ASYLUM,

October 23rd, 1874.

GENTLEMEN,

At the close of another year, I have much pleasure in laying before you my Report of the Female Department of this Asylum. There have been no material changes or events to mark the past year, save the admission of an additional number of Patients which, as you well know, has materially increased our labours. We have been doing the same kind of work as in former years, trying to add day by day to the comforts of those entrusted to our care. Most of the difficulties consequent on the opening of such a large establishment which met us at the outset have passed away, and I think I may say with truth that we have got into very fair working order.

We have at the present time 1,055 Female Patients, with a staff of two Head Attendants, 36 Day Nurses, and four Night Nurses.

Of the Patients, about an average of 460 are daily employed, some of our best helpers having left during the year, whilst those admitted have for the most part been old and helpless.

There have been very many changes among the subordinate officers. The Head Attendants left at Christmas for homes of their own, one of these had been with us since the opening of the Asylum, and the other since May, 1871; their successors were found amongst the Attendants, who had also been in your service from the beginning, and who had proved themselves

well-conducted and efficient in their duties as nurses ; they have, since their promotion, discharged their duties satisfactorily. Several of the Attendants have left to be married ; a few have been found, during their time of probation, to be inefficient, and were dismissed.

About 30 Patients are daily employed in the workroom : the comfort and convenience in this department has been greatly increased by the use of two large rooms in the basement of the new block ; these rooms were used for the first time on the 9th of February last. The old room in the administrative block was insufficient for our work both in size and fittings.

During the year two girls who had been taught the use of the sewing machine by the workmistress have left, and I understand that they are now earning their livelihood by this means ; we have now two other young girls working the machines, and I trust that some good may also be done them in this way. The workmistress has been here since the opening of the Asylum, and continues to do her work faithfully. Appended to this Report will be found a tabular statement of the number of articles made during the year. In addition to this, it must be remembered that there is a large quantity of mending done during the same period. The mending at the present time is something enormous, for of necessity the clothing and bedding new at the onset, is now much worn, and in addition to the ordinary wear and tear, many of the people constantly amuse themselves by pulling their clothes to pieces, and picking off patches previously sewn on. The number of articles mended during the week ending 26th of September, 1874, was 2,698.

In the Laundry the work has also increased since the opening of the new block, and the occupation of the detached infirmary by men instead of women. During the week ending

September 26th, 17,844 articles were washed, &c. The staff in the Laundry comprises a laundry superintendent, who has been here from the first, and continues earnest in her work, 8 laundrymaids and laundry attendants, who have also to perform some duties in the wards, and 1 laundryman; these with the Patients are found to be able to manage the work. There have been more changes than usual in this department during the last 12 months, one left to be married, two for better situations, and one was dismissed.

The new store-room erected for my use answers admirably, and when a few additions, which have already been directed by you to be done, are made, it will be as good a store-room as can be desired.

The entertainments which have been so freely provided by you for the amusement of the Patients have been duly appreciated. The weekly dance is as much in favour as formerly, and the weekly walk outside the Asylum boundary is much looked for. The "Ball" given by you for the nurses was a pleasant episode in their otherwise monotonous asylum life.

In conclusion, I beg to thank you for your uniform kindness to me on all occasions.

I am,

GENTLEMEN,

Your obedient Servant,

(Signed) E. EMMA MOSELY.

Table showing the number of Articles made during the year.

Number.	Article.	Number.	Article.
1,322	Dresses	211	Sheets
2,721	Neckkerchiefs	825	Aprons
1,811	Handkerchiefs	264	Pillow Cases
430	Shirts	353	Hoods
930	Chemises	266	Jean Petticoats
596	Caps	176	Pudding Cloths
60	Tablecloths	26	Towels
225	Curtains	223	Shrouds
123	Pairs Trousers	212	Bonnets (trimmed)
174	Flannel Shirts	55	Nightgowns
		Total	11,003

CHAPLAIN'S REPORT.

GENTLEMEN,

No particular remark is called for with respect to the Sunday services, the average attendance being from 400 to 450. Indeed, as many attend chapel as can be comfortably seated, and if an increase of Patients is contemplated, an increase of Chapel accommodation will be required.

Holy Communion has been celebrated the first Sunday in every month, and much appreciated by those who attend, on an average 75 in number.

The congregation of Male Patients on week days has almost doubled, whereas the Female Patients are considerably fewer in number.

By the House Superintendent, through the kindness of the Committee, an addition has been made to the Library. The Hymn Books, Prayer Books and Bibles will be gratefully received, especially by those who attend the Chapel services regularly.

His Grace the Lord Archbishop of Canterbury recently paid a private visit to the Asylum and inspected the different departments and wards, with which both His Grace and Mrs. Tait seemed much pleased. At the usual Chapel service the Archbishop gave a most interesting address to the Patients. His Grace's kindness to the Patients was much appreciated by all connected with the Asylum. The Patients, 400 of whom were present, thoroughly enjoyed and understood the Godly counsel and advice given to them, and were thankful.

I desire to express my acknowledgments for the kind consideration with which I have been received in the Asylum.

I have the honour to be,

GENTLEMEN,

Your obedient Servant,

(Signed) JOSHUA GROUND, M.A.,

Chaplain.

RESIDENT ENGINEER'S REPORT.

METROPOLITAN DISTRICT ASYLUM, CATERHAM,
September 30th, 1874.

TO THE COMMITTEE OF MANAGEMENT.

GENTLEMEN,

I have the honour to submit my Fourth Report on the works that have been executed and improvements made in my department during the past year.

At the close of last year the new Female Block and the Recreation Hall were just out of the hands of the Contractor, since that time all the necessary fittings have been made and fixed, and both of these buildings occupied. The workshops, sewing rooms, and store rooms, forming the basements of these blocks, are all fitted with shelves, cupboards, and tables.

The roads, paths, surface drainage, laundry, drying ground, and fences had all to be re-arranged to suit the altered circumstances.

The additions to Gas Works are found of much advantage; the two extra benches of five retorts each will, in the depth of winter, permit one bench to be always out of use for repairs. The "Chandler's Patent Dip Pipes" are most successful, the yield of gas per ton of coal carbonized for the last half year, shewing an increase of nearly 6 per cent., although only a portion of the retorts are so fitted.

It having been found that the well-crab was seriously damaging the large well rope, as the crab was too near to the

block at the top of well, the fitter's shop was extended and a smith's shop erected adjoining, thus, besides giving the desired distance between the well and the crab, forming compact and convenient workshops.

The slating on roof of water tower, from its very exposed situation, having worked loose and become dangerous, the whole was stripped off, and the roof reslated with $\frac{1}{2}$ -inch slabs; the joints are rebated and secured with strong brass screws.

The Detached Infirmary walls have been painted externally on the south and west fronts, and the walls internally are coloured and painted, the ceilings whitened, and the woodwork painted. The whole of this work, also the day room of male B block, and the corridor on the male side, has been done entirely by the Patients, with the exception of one paid man to superintend them. A gang of these men is organized, and a large quantity of useful work will be obtained by these means.

A quantity of strong and cheap seats have been added to those already fixed to the walls of blocks for the use of the Patients in the airing courts.

The sewage is now extended down the centre of the kitchen garden in a stoneware carrier, with sluices built with brickwork in cement at frequent intervals.

A most desirable alteration has been made in the tailor's shop, by cutting away the dividing wall between it and the old upholsterer's shop, and by rearranging the doorways, the whole has been fitted up and forms a very convenient and commodious workshop.

Guard bars and gratings are in course of being fixed in the openings to casements of wards, water closets, and lavatories,

as these apertures were found sufficiently large to admit the passage of a small Patient.

Substantial fireguards were made and fixed around the stoves in female G block, and in the dormitory over recreation hall. The fastenings to the fireguards in the other blocks have been refitted where required.

One of Manlove and Alliott's hydro-extractors is added to the laundry machinery. A disinfector has also been fixed for purifying unclean clothing, &c.

The cooking apparatus in kitchen being found insufficient, Messrs. Benham and Sons were instructed to fit up two steam jacketted boilers with a capacity of two hundred gallons each.

One-third of the exterior of the Asylum has been painted during the summer months. The south, and portion of the west fronts of Female A D E and F Blocks were painted on the outside, with the view of keeping out damp. The Female B and C Blocks were painted last year for the same purpose, and so far the remedy has proved successful.

The roads and footpaths are all in good repair. A considerable quantity of stone is broken, and a large heap of asphalte prepared ready for use where required. This work is done by the Patients.

The means for extinguishing fire at this Asylum being considered insufficient, reports were prepared by Captain Shaw and myself as to what we thought necessary to put the same into an efficient state. These reports were printed (see Board Minutes for the present year, folio 113). The Committee having decided to carry out my recommendations, the necessary work is in hand for so doing.

The quantity of gas manufactured during the year is 7,454,140 cubic feet, at a cost of £854 1s., or 2s. $3\frac{1}{4}d.$ per 1,000 cubic feet.

The daily average consumption during the six winter months, was 27,573 cubic feet, which is precisely the same as last year ; and during the summer months 13,309 cubic feet were consumed. The excess during the last few months is owing to the additional supplementary Infirmaries being lighted at night.

Although the new block, recreation hall, with dormitory over, workshops, sewing-rooms, stores, and additional infirmaries were lighted, the consumption of gas is only 144,000 cubic feet in excess of last year.

A detailed account of the cost of manufacturing the gas is appended.

There has at all times been a supply of water in the well far exceeding the requirements of this Asylum, yet the springs, owing to the continued dry weather in the early part of the year, are lower than they have before been ; the minimum depth for the year being 84 feet on September 30th, 1874, and the maximum depth 110 feet 6 inches on January 1st, 1874.

Every advantage is taken of the increased pumping power provided by the last new engine. The laundry, male and female bath rooms and boilers, are now supplied with hot soft water. The quantity of rain-water pumped daily varies according to the height of water in the reservoir, but 25,000 gallons have been pumped in one day.

The engines and machinery are in good repair, all necessary work from time to time being executed by the permanent staff. The cooking apparatus in kitchen, both gas and steam, is in good sound working condition.

In addition to the foregoing, a great variety of work in the shape of repairs and renewals have been from time to time executed by the very able staff of workmen I am fortunate enough to have under me.

Thanking you for your unvarying kindness and marked approval of my efforts in carrying out my duties,

I am, GENTLEMEN,

Your most obedient Servant,

(Signed) WM. CRICKMAY,

Resident Engineer.

METROPOLITAN ASYLUM DISTRICT, CATERHAM.

Gas Account from September 30th, 1873, to September 29th, 1874.

		£	s.	d.	£	s.	d.
Coal in stock, 65 tons, at 35s.	..	113	15	0			
30th Sept., 1873, 152 tons, at 30s. 6d.		231	16	0			
Coal delivered during the year:—							

tons.	cwts.	qrs.			£	s.	d.
457	6	2	at 30s. 6d.	..	697	8	11
7	15	0	at 63s.	..	24	8	3
246	0	0	at 23s. 9d.	..	292	2	6
					<hr/>		
					£1,359	10	8

Deduct 100 tons Coal in stock on Sept.

29th, 1874, at an average of 27s. 135 0 0

		—	—	—	£	s.	d.
Lime	28	17	0
Labour	125	9	11
173 Chaldrons Coke, at 20s.		173	0	0
103 ,, ,, 16s.					82	8	0
Wear and tear	31	1	2
					<hr/>		
					£1,665	6	9

RESIDUAL PRODUCTS.

518 chaldrons Coke, at 20s.	..	518	0	0			
310 ,, ,, 16s.	..	248	0	0			
429 gallons Tar sold ,, 2d.	..	3	11	6			
5,110 ,, ,, ,, 1d.	..	21	5	10			
2,741 ,, ,, used on the Estate or in stock, at 1d.	..	11	8	5			
90 loads Lime from purifiers, 2s. ..		9	0	0			
		<hr/>			811	5	9

Net cost of producing 7,454,140 cubic feet of gas		£854	1	0			
or 2s. 3 $\frac{1}{4}$ d. per 1,000 cubic feet.		<hr/>					

(Signed) WM. CRICKMAY,

Resident Engineer.

CATERHAM ASYLUM.

Statement showing the Staff on the 4th October, 1874.

OFFICERS.

			£	s.	d.
(^a)	Dr. J. Adam, Medical Superintendent	..	500	0	0
(^a)	Mr. G. White, House Superintendent	..	300	0	0
(^b)	The Rev. J. Ground, M.A., Chaplain	..	200	0	0
(^c)	Mrs. E. E. Mosely, Matron	..	170	0	0
(^d)	Mr. E. G. Younger, Assistant Medical Officer	..	150	0	0
(^b)	Mr. W. Crickmay, Resident Engineer	..	200	0	0
(^e)	Mr. W. H. Pratten, Clerk of the Asylum	..	190	0	0
			£1,710	0	0

SUBORDINATE OFFICERS AND SERVANTS.

(^e)	1 Assistant Clerk	at £68 per annum	68	0	0
(^d)	1 House Superintendent's Clerk	,, 68	68	0	0
(^f)	1 Inspector	,, 68	68	0	0
(^f)	1 Male Head Attendant	,, 48	48	0	0
(^d)	1 Assistant Matron	,, 54	54	0	0
(^f)	2 Female Head Attendants	,, 30	60	0	0
(^d)	1 Workmistress	,, 39	39	0	0
(^d)	1 Laundry Superintendent	,, 39	39	0	0
(^f)	2 First Class Attendants and } their Wives	,, 53	106	0	0
(^f)	1 First Class Attendant and } Wife	,, 52	52	0	0
(^f)	1 First Class Attendant and } Wife	,, 49	49	0	0
(^f)	2 First Class Male Attendants	,, 31	62	0	0
	Carried forward	.	£2,423	0	0

(^a) Unfurnished House, Coals, Gas, Vegetables, and Milk (^b) Unfurnished House, Coals, and Gas. (^c) Furnished House, Vegetables, Milk, Coals and Gas. (^d) Furnished Apartments and Rations. (^e) Dinner daily. (^f) Lodging, Rations and Uniform.

			£	s.	d.
	Brought forward	..	£2,423	0	0
(f)	2 First Class Male Attendants	at £30 per annum	60	0	0
(f)	1 Schoolmaster Attendant	„ 31 „	31	0	0
(f)	1 Schoolmistress Attendant	„ 16 „	16	0	0
(f)	1 1st Class Female Attendant	„ 22 „	22	0	0
(f)	1 1st Class Female Attendant	„ 20 „	20	0	0
(f)	3 1st Class Female Attendants	„ 19 „	57	0	0
(f)	3 1st Class Female Attendants	„ 18 „	54	0	0
(f)	2 Head Laundry Maids	„ 20 „	40	0	0
(f)	4 2nd Class Male Attendants	„ 26 „	104	0	0
(f)	11 2nd Class Male Attendants	„ 25 „	275	0	0
(f)	1 2nd Class Female Attendant	„ 17 „	17	0	0
(f)	5 2nd Class Female Attendants	„ 16 „	80	0	0
(f)	27 2nd Class Female Attendants	„ 15 „	405	0	0
(f)	1 Hall Porter	„ 33 „	33	0	0
(f)	1 Tailor Attendant	„ 32 „	32	0	0
(f)	1 Cook	„ 35 „	35	0	0
(f)	1 Assistant Cook	„ 15 „	15	0	0
(f)	1 Assistant Cook	„ 14 „	14	0	0
(f)	2 Assistant Cooks	„ 13 „	26	0	0
(f)	1 Mess Woman	„ 20 „	20	0	0
(b)	1 Gate Porter	„ 23s. per week	59	16	0
(g)	1 Laundry Man	„ 15s. „	39	0	0
(f)	1 Laundry Maid	„ £15 per annum	15	0	0
(f)	1 Laundry Maid	„ 14 „	14	0	0
(f)	4 Laundry Maids	„ 13 „	52	0	0
(b)	2 Store Porters	„ 15s. per week	78	0	0
	1 Gardener	„ 27s. „	70	4	0
	2 Gardeners	„ 20s. „	104	0	0
(b)	1 Cowman	„ 20s. „	52	0	0
(b)	1 Farm Man	„ 18s. „	46	16	0
	1 Night Watchman	„ 20s. „	52	0	0
	1 Gravedigger	„ 20s. „	52	0	0
	1 Coachman	„ 20s. „	52	0	0
	Carried forward	..	£4,465	16	0

(b) Unfurnished House, Coals and Gas. (f) Lodging, Rations and Uniform. (g) Rations.

WORKMEN.

				£	s.	d.
	Brought forward	..	£4,465	16	0	
1	Engine Driver	at £2 2 0 per week	109	4	0	
1	Engine Fitter	,, 1 16 0	93	12	0	
1	Stcker	,, 1 0 0	52	0	0	
1	Engine Cleaner	,, 1 0 0	52	0	0	
(b)	1 Gasman	,, 1 2 0	57	4	0	
1	Gasman	,, 1 2 0	57	4	0	
1	Smith	,, 1 12 0	84	10	0	
1	Tinman	,, 1 5 0	65	0	0	
1	Carpenter	,, 1 15 0	91	0	0	
1	Carpenter	,, 1 12 6	84	10	0	
1	Carpenter	,, 1 5 0	65	0	0	
2	Bricklayers	,, 1 12 6	169	0	0	
1	Plumber	,, 1 12 6	84	10	0	
1	Painter	,, 1 12 6	84	10	0	
1	Baker	,, 1 2 0	57	4	0	
1	Tailor	,, 1 4 0	62	8	0	
2	Tailors	,, 1 1 0	109	4	0	
1	Tailor	,, 0 19 0	49	8	0	
1	Shoemaker	,, 1 3 0	59	16	0	
1	Shoemaker	,, 0 19 0	49	8	0	
1	Upholsterer	,, 1 4 0	62	8	0	
1	Mattress-maker	,, 0 19 0	49	8	0	
2	Carmen	,, 0 18 0	93	12	0	
1	Labourer	,, 1 5 0	65	0	0	
1	Labourer	,, 1 2 6	58	10	0	
2	Labourers	,, 1 0 0	104	0	0	
6	Labourers	,, 0 18 0	280	16	0	
1	Labourer	,, 0 17 6	45	10	0	
1	Labourer	,, 0 13 0	33	16	0	
			£6,795	8	0	
Officers	7	
Subordinate Officers and Servants	100	
Workmen..	45	
	Total	152	

(b) Unfurnished House, Coals and Gas.

